

Ben Renshaw

Author of *Successful But Something Missing*, *Balancing Work & Life*, and *SuperCoaching*.



Ben Renshaw's innovative work with leading organisations on building success-focussed cultures has brought him international acclaim. He coaches leaders on bringing out the best in people.

Success Intelligence

Success Intelligence (S.I) has been hailed as one of the most effective coaching programs in the world. As co-director, Ben offers inspirational keynotes, training programs, coaching experiences and other media based on four types of intelligence: 1) PQ - the energy of success; 2) IQ - the psychology of success, 3) EQ - the heart of success; and 4) SQ - the vision of success.

Happiness Project

The Happiness Project was famously tested by independent scientists for a BBC documentary called *How to be Happy* - now shown in 16 countries to over 30 million viewers. The Happiness Project team presents an annual program of talks and seminars including our signature event an 8-week happiness course and a 5-day certified training program called *Coaching Happiness*. Ben has given many presentations to the National Health Service and various charities on the principles and practices of The Happiness Project.

International Presenter

Ben has designed and delivered major presentations and programs to thousands of professionals. Over the years, Ben has worked in America, Asia-Pacific, Europe and the Middle East. He is known for his highly engaging and authentic style. Each event is a bespoke offering for the client. Previous keynote addresses include Allen & Overy, Booz & Co, BT, Diageo, Government Office, Innocent and Zurich; and Senior Leadership Development Programs for Coca Cola, IHG, KPMG, M&S, Rolls Royce, Sainsbury's, Unilever and Virgin Media.

Media Appearances

Ben has been a spokesperson for many national campaigns on happiness, wellbeing and relationships including Boots, Kodak, P&G, Unilever and Vodafone. He was the relationship expert for C4 award winning programme *Perfect Match*. Other television appearances include *Newsnight*, *BBC News*, *Richard & Judy*, *GMTV* and the *Open University*. He has presented on numerous radio shows and has received press coverage in the majority of national papers and magazines.

Ben's Publications

Ben is a successful author. He has written six books translated into ten different languages including *Successful But Something Missing* and *Balancing Work & Life*, co-authored with Dr Robert Holden. His latest book *SuperCoaching*, written with Graham Alexander is the definitive guide to the philosophy, methodology and application of coaching.

